

HRJC Adventure Ride #1

Team	Location	Meet Up	What Time
A	Buff Creek	Vista	7:30 AM
B	Captain Jacks	Rock Canyon	8 AM
C	Indian Creek	Rock Canyon	8 AM

Reminders:

1. Please be on time, my guess is that we could be racing against afternoon thunderstorms.
2. COVID Form - Please complete the [COVID Form](#) before 8PM on Friday
3. Plan for a 2-3 hour ride (group dependent)
4. Equipment, etc:
 - a. Bike & Helmet
 - b. Camelbak
 - c. Bars/gels/food to eat on the trail
 - d. Trail side repair kit:
 - i. Inner tube
 - ii. Tire irons
 - iii. Multi tool
 - iv. Pump/CO2
5. Erin and Aleza are doing their best to get as many carpools as possible. We're trying to avoid turning up to a trail head with multiple cars. Please work with them to make this happen.
6. Have a GREAT ride.